**LIST OF COURSES FOR 2024 -2025**

**Offered by Imelda Almqvist**

Thank you for reaching out!

Please scroll down to see a full listing of all courses in chronological order.

Please note that I am currently running two mailing lists: one (on Mailchimp) for updates on courses and events. I will add you there. Here is the most recent one:

[SPIRITUAL FITNESS (Daily Practices of a Norse Forest Witch) September Newsletter from Imelda Almqvist (mailchi.mp)](https://mailchi.mp/7c60e71a6133/my-swan-bone-flutes-august-2023-newsletter-from-imelda-almqvist-6153097?e=3890698ce7)

But I have also started a Substack where I send out two thoughtful essays a week on various topics.

Best places to follow me are Substack, Instagram and Facebook:

**Website:**                            <http://www.shaman-healer-painter.co.uk/>

**Substack:**                             <https://substack.com/@imeldaalmqvist>

**YouTube Channel:**             [youtube.com/user/imeldaalmqvist](https://www.youtube.com/user/imeldaalmqvist)

**Online School:**                 <https://pregnant-hag-teachings.teachable.com/courses/>

**Facebook:**[https://www.facebook.com/imelda.almqvist/](https://imeldaalmqvist.substack.com/p/%20https:/www.facebook.com/imelda.almqvist/)

**Instagram:**<https://www.instagram.com/almqvistimelda/>

**Twitter:** @ImeldaAlmqvist

Wild Blessings from Sweden!

Imelda

**COURSES 2024**

**February 2024**  
  
  
[SWAN MAIDENS](https://shaman-healer-painter.us9.list-manage.com/track/click?u=d4d7f54bfa71f4f57dc885253&id=f091734553&e=3890698ce7)  
**On-line sacred art retreat with US and Canada-friendly hours, 6 - 8 February 2024**  
**Have you found your wings in this lifetime or is there more work to do to set yourself free and soar?  
Do you have a (secret) feathered cloak?  
Do you ever feel like a Hybrid, part human and part animal?  
Do you feel more at home in other worlds than in everyday reality?  
Swans have always spoken to the human imagination. What does the hybrid nature Swan Women teach us about ourselves?**  
[**REGISTRATION PAGE**](https://shaman-healer-painter.us9.list-manage.com/track/click?u=d4d7f54bfa71f4f57dc885253&id=83daeeee0b&e=3890698ce7)  
[SWAN MAIDENS Online Sacred Art Retreat | Pregnant Hag Teachings (teachable.com)](https://shaman-healer-painter.us9.list-manage.com/track/click?u=d4d7f54bfa71f4f57dc885253&id=198033cf51&e=3890698ce7)

**April 2024**

## **IN PERSON! SEIðR & "NORSE SHAMANISM"** **INTRODUCTION COURSE IN WISCONSIN, USA**

**This 4-day workshop will run again, from 4 - 7 April 2024, at the**[Golden Light Healing Retreat Center](https://shaman-healer-painter.us9.list-manage.com/track/click?u=d4d7f54bfa71f4f57dc885253&id=d5d52ce5e5&e=3890698ce7)**(7102 Sundew Road, Sobieski, WI 54171). Please note that Amy Willinski is the host and takes registration for this course. The course description is available from her, not from me!**

<https://goldenlighthealing.net/guest-presenter-events>

**June and August 2024**

**ADVANCED SEIDR MODULES AT MY FOREST SCHOOL IN SWEDEN!**  
***(Please note that those modules now run on a rotational basis. Anyone who has attended the Introduction Course can attend those modules, email me for more details!)***  
  
**#2 The Norns and Changing the Weave**  
Friday 31 May – Wednesday 5 June 2024  
  
**#3 The Norse Anatomy of Soul**  
Friday 30 August + Wednesday 4 Sept 2024

**September 2024**

# **"SEDNA & SILA", A Sacred Art Retreat in Greenland (Kalaallit Nunaat),**

# **23 - 27 September 2024**

[GREENLAND ART RETREAT 2024 | International Teacher, Author, Painter and Forest Witch in Europe and Globally (shaman-healer-painter.co.uk)](https://shaman-healer-painter.us9.list-manage.com/track/click?u=d4d7f54bfa71f4f57dc885253&id=023177cdc1&e=3890698ce7)  (email me for the full course description!)

**October 2024**

**ADVANCED SEIDR MODULE IN WISCONSIN:**  
**The Norns, the Vitki and Changing the Weave, 10 - 13 October 2024**  
At the [*G*](https://shaman-healer-painter.us9.list-manage.com/track/click?u=d4d7f54bfa71f4f57dc885253&id=8910d18e69&e=3890698ce7)olden Light Healing Retreat Center(7102 Sundew Road, Sobieski, WI 54171). Please note that Amy Willinski is the host and takes registration for this course. The course description is available from her, not from me!  
[https://goldenlighthealing.net/guest-presenter-events](https://shaman-healer-painter.us9.list-manage.com/track/click?u=d4d7f54bfa71f4f57dc885253&id=f0be623e16&e=3890698ce7)

**COURSES 2025**

**There are likely to be Norse modules in Wisconsin, but those dates have not yet been set. (More clarity on that in April 2024).**

**There might even be another sacred art retreat in Santa Fe (possibly: THE TEMPLE PRIESTESS AND SACRED SEXUALITY, as requested by students – but again that will depend on circumstances. No dates will be announced in the near future.**

**A SACRED ART RETREAT IN LONDON, February or March 2025**

***(Topic and exact dates to be decided in discussion with my sacred art students).***

**SEIDR MODULES IN SWEDEN**

**There will be two advanced Seidr modules at my Forest School in Sweden *(exact dates still to be confirmed):***

**#4 THE NINE DISIR OF LYFJABERG (Old Norse Healers and Healing methods)**

***June 2025***

**#5 THE WILD HUNT (Death, Dying and Psycho Pomp work in the Old Norse Traditions)**  
*September 2025*

**FOREST WITCH COURSE OR RETREAT IN SWEDEN**

*I am contemplating offering a stand-alone Forest Witch course, also here in Sweden. A four or five-day retreat where drop deeply into the life and learning of a Forest Witch: meeting allies, spending a lot of time in the forest, making spiritual tools from bones and other found objects. Local trees and plant spirits. Sitting out on a grave mound and by petroglyphs. Visiting standing stones etc.*

*Dates: mid to late June 2025*

There is a lot happening behind the scenes (we have rolled through many severe family crises over the past 2 years) but in the future I am still planning to teach:

**A series of webinars dedicated to the pre-Christian spirituality of the Low Countries (and surrounding regions)**

**This is visioned as an experiential deep dive into some of the material presented in my book: North Sea Water In My Veins (2022). My vision is that this will bring together people (in various locations, such as the Netherlands, Germany and Belgium) and that collectively we start building a record of our work with (and direct revelation received from) ancient deities and other beings (such as the Matronae) our ancestors venerated! Expressions of interest (or requests for topics) are welcome!**

I am always open to suggestions but I am I have not yet mastered the art of cloning myself, so there are limits to what I can commit to.  
  
**Imelda, Forest House and Forest School in Sweden, 16 January 2024**